

Child Participant

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

Please Print

Name of child participant (if under 18): \_\_\_\_\_

Child's Birthdate: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

City / State: \_\_\_\_\_

Zip: \_\_\_\_\_

Name of adult participant/parent: \_\_\_\_\_

Walker's carries "excess" insurance on all students.

Should an accident occur, Walker's Gymnastics & Dance has my permission to seek medical attention for my child.

I also give Walker's Gymnastics & Dance, Inc. permission to use me and/or my child(ren) in any advertisements, websites, newspapers or other promotions of Walker's Gymnastics & Dance, Inc.

I have received a copy, read and understand Walker's Gymnastics & Dance, Inc. "Rules and Regulations".

In consideration of participating in the Programs and Activities offered by Walker's Gymnastics & Dance, Inc. I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Walker's Gymnastics & Dance, Inc., its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Printed name of participant

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of participant (Parent of Minor)

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

\_\_\_\_\_  
Printed name of Parent/or Legal Guardian

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/or Legal Guardia

**Last Name, First:** \_\_\_\_\_

Child's Doctor:	
Doctor's Address:	
Doctor's Phone number:	
Parent(s) Email:	
Parent(s) Work #	
Parent(s) Pagers:	
Parent(s) Cellphone:	
Insurance Carrier:	
Policy Holder:	
Policy Number:	
<i>How did you hear about us?</i>	
<i>If referred by a current student, who?</i>	

**SPECIAL INSTRUCTIONS**

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**Walker's Gymnastics & Dance, Inc.**  
**RULES and REGULATIONS**

We at *Walker's Gymnastics & Dance, Inc.* take pride in providing a safe healthy and fun environment for you and your child's fitness and development. For that reason we provide below the rules and regulations of our facility.

**General Rules**

1. All students are required to have a Release Form (signed by their parent/guardian) prior to participating.
2. No entry to the gym floor, studios or any equipment by non-participants will be allowed. A participant is a student, a parent, or an adult enrolled in a class.
3. No participant is permitted in the dance studios, in the gym, or on equipment without an instructor's supervision.
4. No Running. RUNNING IS UNACCEPTABLE, except as directed by the coach.
5. No smoking is permitted on premises.
6. Remove all jewelry prior to class, including earrings. We are not responsible for lost articles.
7. Proper attire is required. Loose clothing is not permitted. In many activities, a person's body must be spotted and loose clothing gets in the way.
8. Long hair must be tied back.
9. Respectful social behavior is expected of all students. Unacceptable behavior includes cutting in front of others, pushing, hitting and bad language. Participants who are continually disruptive will be asked to leave.
10. If you leave class, you must tell your instructor. This includes going to the bathroom or for early dismissal.
11. If at any time you feel unusual pain or discomfort, please report this to your instructor immediately.
12. When class is dismissed, no under-age student is permitted to leave the building without a caretaker, parent or guardian. Students waiting to be picked up must wait inside the building.

**Trampoline & Pit Safety**

1. Absolutely no double bouncing (2 or more individuals) is permitted.
2. Bounce only in the center of the trampoline.
3. Bounce on feet & bottom only. Head first can cause serious injuries.
4. When jumping into the pit, feet entry only. Head first can cause serious injuries.
5. If participating in a Parent-Child class, a parent must be up on the pit platform, supervising their child at all times.
6. NO STUDENT IS PERMITTED ON THE TRAMPOLINE OR PIT WITHOUT AN INSTRUCTOR.

**Parent-Child Class**

Parent or caregiver must supervise their child at all times. **ABSOLUTELY NO ADULTS ON GYMNASTICS EQUIPMENT.** Keep focused on your child. If your child wanders, please follow the child and encourage him/her to return to the group. **If an adult other than parent is participating w/ your child, it is the parent's obligation to have this adult sign a waiver before entering the gym.**

**Birthday Parties**

1. All of the above rules pertain to birthday party participants.
2. No parents on in the gym at any time. Parent hosting party MAY be allowed on floor for PHOTOS ONLY – a signed waiver will be required.
3. When the gymnastics portion of the party is finished, children are not allowed back on equipment. All fitness and conditioning equipment, including trampoline, is off limits to all children and adults.
4. NO ADULTS ON EQUIPMENT AT ANY TIME.

**Observation**

1. Minors are not allowed to observe without adult supervision.
2. Do NOT place your beverages or children upon the wall in the lobby area.
3. Do NOT take equipment from the gym, studios or otherwise for play or other use.
4. NO standing or playing on the bleachers. No sitting on the stairs. Do not allow children to sit where it prohibits clientele to pass freely.
5. **ABSOLUTELY NO RUNNING.** Disruptive adults and/or minors will be asked to leave the building.
6. For the safety of our students - **NO FLASH PHOTOGRAPHY!**
7. To protect the privacy of all our clients – **VIDEO TAPING IS NOT ALLOWED!**

***Thank you for taking the time to review these rules. Keep your copy handy to review from time to time. You and your child's safety is always our goal.***